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Christian Science Sentinel



July 18, 1977

Vol. 79, No. 30

50¢

"What I say unto you I say unto all, WATCH."—Jesus

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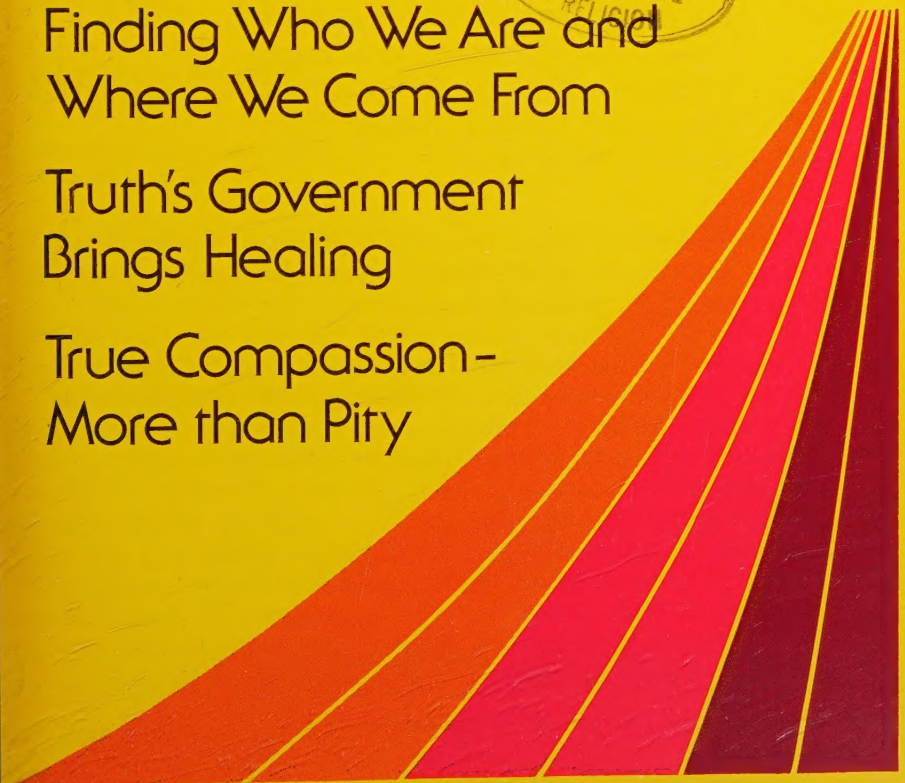
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Founded in 1898 by Mary Baker Eddy,
 Author of the Christian Science Textbook,
Science and Health with Key to the Scriptures



Marca Registrada

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"What I say unto you I say unto all, WATCH." Jesus

What Will We Become?

MARGUERITE E. BUTTNER

Much thought is given today to evolution, not just to discover mankind's origin but also to consider what the human race is to become. Many are wondering if and how biological experiments will alter mankind in the future and how the changing environment will affect humanity. We all wonder about our individual progress. Do you look forward with fear or with hope, with a sense of loss or with the expectancy of ever-appearing good?

The study of biological evolution, interesting though it may be, can limit mankind's prospects as often as it may seem to expand them, for the premises of the natural sciences are formulated from the way matter appears to behave. We need to look beyond the evidence of material behavior and discover the spiritual man and universe God has really created. Neither cell structure nor environment is man's governing force. God governs man.

As our thought extends Godward, both our physical environment

and our bodies become more harmonious. Therefore, predicting our individual progress from material patterns of the past puts walls around our expectations. More certain progress for individuals and mankind requires a spiritual uplook, an awakening to what man really is.

This profound statement about spiritual awakening is part of the passage read from I John at the close of each Sunday service in all Churches of Christ, Scientist: "Beloved, now are we the sons of God, and it doth not yet appear what we shall be: but we know that, when he shall appear, we shall be like him; for we shall see him as he is."¹

To discover both our own possibilities and mankind's we need to understand that man always has been the perfect spiritual reflection of God. Substantial progress comes as we open our thought to the Christ, the true idea of God. The Christ imparts an understanding of what has always been true, the perfection of God and man.

If we reason humanly, we can no more realize the blessings that clearer perceptions of this perfect man will bring to our lives than Columbus could have foreseen the vastness of the hemisphere he discovered or what would develop from it. Human prediction is limited to material knowledge. But we can perceive through prayer what we really are today. From moments of spiritual illumination—clear glimpses of God and of man as God's image—healings occur. From these moments of healing thought come great emancipations. Mary Baker Eddy, the Discoverer and Founder of Christian Science, tells us, "For right reasoning there should be but one fact before the thought, namely, spiritual existence."²

Recognizing what man already is, not imagining what he could be or will be, brings progress. "Will be" postpones. "Now" unfolds what is already true. "Now are we the sons of God." We realize this as we grow in our understanding of God and man. And what we experience individually as a consequence of our understanding contributes to what mankind as a whole experiences.

We do not have to look toward other centuries for material evolution to improve mankind or for some biological breakthrough to bring abrupt changes. If the form of mankind were changed through selective breeding or through alteration of the chromo-

somes, this would not guarantee a more loving, less suspicious human race. But as we awake to spiritual perfection, humanity must inevitably express more mercy, intelligence, stability, and love.

I have seen this spiritual approach most effective when I visited a country I had long thought of as hostile. When I prayed to be shown only God's man, I was astounded by the kindness I received. The prejudices and false expectations vanished. It was as though the people had suddenly changed. Yet the good was there all the time.

Christian Science shows us that when we look for the real man—for the good that is already and always present—world situations become less frightening. Our surroundings become peaceful. We help the world by realizing that God's harmonious universe includes all. This is having a part in spiritual evolution, the unfoldment of true being. Thinking from the standpoint of perfection already here enables us to anticipate the future with eagerness instead of fear, whether it concerns tomorrow's activities or the world's prospects in the coming decade.

What will you and I and mankind become? What we already are: God's perfect reflection.

¹ 1 John 3:2; ² *Science and Health with Key to the Scriptures*, p. 492.

BECAUSE ALL MEN ARE BROTHERS

As I stood on the street corner
watching each of you pass by,
I sensed the true unity of mankind.

I know you!
Perhaps not by name.
Nevertheless, as God's perfect idea,
made in His similitude
just as I am,

I love the you I know.

LINDA ANN WALLER

Truth's Government Brings Healing

JOHN P. CHAMBERLAIN

Human government does not always operate the way we think it should. Citizens hold diverse opinions on issues, on liberal and conservative concepts, on what constitutes corruption and abuse and misuse of power. The search for leaders sometimes produces leadership that satisfies us and lives up to our expectations. Too often, we are let down by leaders and severely disappointed.

Healing in government must begin in our own consciousness. Our concept of how and why we are governed controls our experience. Our concepts are clarified, deepened, and strengthened by Christian Science. Turning to *Science and Health* by Mrs. Eddy for spiritual insight, we find the following statement: "God has endowed man with inalienable rights, among which are self-government, reason, and conscience. Man is properly self-governed only when he is guided rightly and governed by his Maker, divine Truth and Love."¹

As we understand better, and delve more deeply into, this concept of true government, we are enabled to become better healers of discordant situations. The source of all government is in God. Because all things exist in and of God and are endowed by Him with perfection, eternity, and goodness, according to the Scriptures, it is here we must begin.

Using our conscience and reasoning with the ability that God gives us, we affirm and realize what is true. All real government is of God, and all real government is good. This type of reasoning is pure, spiritual prayer. It enables us to examine ourselves to detect unlovely qualities, such as self-will, self-righteousness, and personal domination of others, and to throw them out. Then our desires are spiritualized, and the calm serenity of God's control begins to govern our experience. "Be still, and know that I am

God,"² the Bible tells us. Such deep, inner stillness allows us to receive God's thoughts and encourages us to manage our lives with integrity, honesty, justice, and calm control. Then we are able to support and to help improve the nation's government in individual ways that, when joined with the individual efforts of others, will bless our communities.

Christ Jesus was the most supremely self-governed man who ever lived. He knew with utter clarity his inseparable unity with God. Listening, praying deeply, and constantly communing with God, he reflected God at all times. He said, "I can of mine own self do nothing: as I hear, I judge: and my judgment is just; because I seek not mine own will, but the will of the Father which hath sent me."³ His works, which include healing the sick, raising the dead, feeding multitudes, stilling the storm, confirm his words.

Jesus cast evil out of his own consciousness. Beginning in modest ways, we can, too. We will then be able to fulfill the holy promise Paul discerned: "Now ye are the body of Christ, and members in particular. And God hath set some in the church, first apostles, secondarily prophets, thirdly teachers, after that miracles, then gifts of healings, helps, governments, diversities of tongues."⁴ Think of the beautiful promises in that passage! Through expressing our God-derived self-government, we become partners in a mighty adventure. This spiritual adventure lasts through all eternity as God guides us on to depths of spiritual fulfillment we can only glimpse at present. Then is Mrs. Eddy's spiritual insight proved and sustained: "Reflecting God's government, man is self-governed. When subordinate to the divine Spirit, man cannot be controlled by sin or death, thus proving our material theories about laws of health to be valueless."⁵

¹ *Science and Health*, p. 106; ² Ps. 46:10; ³ John 5:30; ⁴ I Cor. 12:27, 28; ⁵ *Science and Health*, p. 125.

Be a Bird Watcher

CARL J. WELZ

When we observe birds flying overhead, we might wonder at their freedom from earth-binding limitations. Or we might see in them illustrations of the limitless capacities of our own thought. Mrs. Eddy writes in *Science and Health*, "The fowls, which fly above the earth in the open firmament of heaven, correspond to aspirations soaring beyond and above corporeality to the understanding of the incorporeal and divine Principle, Love."¹

The artist Millet saw in field workers aspirations for spiritual things. His "Angelus" shows a man and woman, pausing in their toil, standing, apparently inspired by the sound of distant church bells.

Each of us has such aspirations, if we will notice them, and we can find them in others. However difficult our tasks, there is within us some cause for looking up. We can become conscious of that cause and actively seek higher, more beautiful, inspiring ideas. And when we seek them, we find them. The ideas are there. We need only to recognize them.

Such ideas come from God, the divine Mind. This Mind is ever-present Love. It pours out constantly a stream of ideas that are true reflections of infinite Love. Whoever becomes conscious of one such idea is not merely lifted above the routine of his human tasks; he is inspired to find in those very tasks the qualities of God that make his work worthwhile. But more, an inspired recognition of qualities of God expressed in one's daily work makes the worker so valuable that often he finds himself in a new job where his abilities are more fully utilized.

Christ Jesus advised us to seek the kingdom of God and said that by so doing our human needs would be met, too. And he

promised, "Seek, and ye shall find."² He also said, "The kingdom of God is within you."³

Christian Science shows us that the kingdom of God is the consciousness of spiritual reality. We find this kingdom within ourselves as we become conscious of the qualities of God that we individually reflect. Man is the idea, or reflection, of the infinite Mind, named God.

As we cultivate our own consciousness of reality, identifying ourselves ever more clearly as Mind's idea, we naturally see in others the qualities of immortal Mind. And our recognition of these qualities can reflect the light of divine Mind in such a way that the individual who does not know he has heavenly aspirations will become aware of them. He will feel the love of God that we reflect, and he may well pause in his work to listen inwardly to the inspired ideas that are given to him constantly by divine Mind.

How can we cultivate in ourselves the consciousness of the kingdom of God, divine Love? First, if we hope for such a consciousness, we will find the so-called consciousness of material life, with its greedy sense of pressure, distasteful. Then we will have less difficulty in letting go of it and in seeing that ultimately—actually—it is no consciousness at all. As we gain this standpoint we begin to find within ourselves a real desire to become conscious of spiritual things. This desire may be our first taste of the spiritual ideas coming to us from divine Love. And with our appetite whetted, we begin to seek and to find.

What do we find? The qualities of divine Mind, Love, God, not only within ourselves but in man everywhere. Like the artist who perceived in the field worker the thought that treasured divine inspiration, we can begin to recognize in everyone the longings for heavenly things. And, knowing the source of such longings, we can enjoy an ever-growing realization of the power of good to overcome evil in human consciousness.

We can all be watchers of spiritual aspirations. The more of them we observe in ourselves and others, the more freedom we will gain from corporeal limitations, and the more our lives will show the beauty and goodness of God's perfect creation.

¹ *Science and Health*, pp. 511-512; ² Luke 11:9; ³ 17:21.

True Compassion— More than Pity

HUBERTA F. RANDALL

Pity and sympathy are among the finest expressions of human nature and are often sorely needed. But have their expression and the humanitarian work they have inspired put an end to the evil in the world?

In a moment of despair at the sight of human degradation, I knew that my own suffering from evil—that is, from my lingering belief in evil's reality—could only appear to fortify evil's claim to reality. Deep in my heart I had to admit that human pity is too often error's subtle way of holding mortals in its grasp, for pity tends to engraft its impressions of evil on the human mind and so tends to perpetuate what one yearns to destroy. A statement from the Bible came to my rescue: "Lo, this only have I found, that God hath made man upright; but they have sought out many inventions."¹

As long as we consider ourselves or others victims of error, we cannot be heralds of Truth and help people scientifically. Mrs. Eddy writes, "We sustain Truth, not by accepting, but by rejecting a lie."²

From Christian Science we learn that Truth is God, infinite good. Then, only good can be true, and its opposite, evil, is a lie—an invention of mortal mind. This conclusion changes our whole perspective and brings comfort. The Christ Science does not soothe with specious promises, however, but furnishes proof that evil in its many forms is powerless when God's goodness is acknowledged and faithfully held to.

Since evil can be no part of God's entirely good creation, we should not only recognize it as a sometimes vicious, always aggressive, mental suggestion but clearly see it as an error and unreal. Our Leader warns us of the consequences when we fail to do this:

"The mistake of thinking that error can be real, when it is merely the absence of truth, leads to belief in the superiority of error."³ A strong rejection of this mistake is needed to prevent our becoming the dupe of this error.

Therefore, however astounding it may seem when we are faced with a tragic situation, the fact that spiritual good is *present* because God is All must be steadfastly held to. This will ease our grief and in turn shake evil's foundation, for it is our belief in evil and our mental support of it that alone strengthen its claim to power. Recognizing God's spiritual, immutable presence, we can remove distress and agony.

A knowledge of spiritual harmony assures us of the ability of divine power to correct human discord. In an article entitled "Ways Higher than Our Ways" Mrs. Eddy writes: "God says, I show My pity through divine law, not through human. It is My sympathy with and My knowledge of harmony (not inharmony) which alone enable Me to rebuke, and eventually destroy, every supposition of discord."⁴

This does not mean that we neglect our obligations as citizens. Our society needs philanthropic agencies for the welfare of its needy members, and we can support them. But the spiritual approach to healing humanity's problems is necessary if we are to destroy error's apparently stubborn roots and avoid the pitfall of supporting its claims.

As we come to understand spiritual harmony—in which man is safeguarded by Principle, guided by Mind, provided for by Love, living in the peace and beauty of Soul—we withdraw our support from evil's claim to power and see more evidence of harmony expressed in human society. This is having true compassion. This is a profound way of helping the world.

¹ Eccl. 7:29; ² *Science and Health*, p. 357; ³ *ibid.*, p. 92; ⁴ *Unity of Good*, p. 18.

Finding Who We Are and Where We Come From

DAVID C. KENNEDY

Each of us is rooted in eternity, a distinct member of God's infinite, spiritual creation. Our God-given individuality and ancestry are discoverable now through spiritual understanding.

The latest human theories and research cannot pin down man's true origin, because that origin is in Spirit, not matter. Humanly speaking, Christ Jesus was Mary's offspring, and tradition traced his ancestral line back to David, the great Hebrew king. But Jesus knew that the Christ, his eternal and only real selfhood—the true idea of manhood—was never identifiable with or subordinate to matter and its supposed processes and laws. Wasn't Jesus pointedly rebuking material belief in the following exchange with the Pharisees? Jesus asked, "What think ye of Christ? whose son is he?" The account continues: "They say unto him, The Son of David. He saith unto them, How then doth David in spirit call him Lord . . . ? If David then call him Lord, how is he his son?"¹ At another time, speaking in no uncertain terms of his spiritual, true individuality, Jesus said, "Before Abraham was, I am."² He knew that man's origin and being are found always in eternal divine Life.

This Life is all that really is—God and His expression, infinite and indivisible. Life is not in matter, and matter is no part of Life. Life is Mind, divine Spirit. In the eternal allness of Life there is no time, birth, or death. There is no coming and going, no separation from good. Life is ever present—spiritually discerned by God's spiritual creation. Immortal Life can no more lapse into death than Truth can become a mistake.

Being God's self-expression, man must be created by God, not by man. All true creation is brought forth spiritually at God's command, and all is perfect. The disciple John writes that "without

him [the Word of God] was not any thing made that was made.”³ Mrs. Eddy asks penetratingly: “Did man, whom God created with a word, originate in an egg? When Spirit made all, did it leave aught for matter to create?” Then she adds, “Ideas of Truth alone are reflected in the myriad manifestations of Life, and thus it is seen that man springs solely from Mind.”⁴

Spiritual truth presents facts regarding man’s ancestry that, to human outlook, can be startling. For instance, the fact that the entire scenario of human generation is no more than a material misconception, a lie, conceived and embellished in mortal mind; and that in reality mortal mind—mistaken material consciousness—has never existed: divine Mind’s allness makes such a consciousness eternally impossible.

We are not, actually, the latest link in a line extending from a parentage common to ape or Adam, nor are we a showcase for material progenitorial characteristics—good or bad. Life and intelligence have never entered matter, nor has Mind ever cognized matter. Matter is unreal, nothing—without substance or cycle. The only creation there is or ever has been is the unchanging reflection of the one divine Parent, supreme Soul. Each of us, therefore, includes only Soul’s qualities; we are what Soul eternally causes us to be.

If we are accustomed to identifying ourselves and others materially, spiritual truth may at first seem abstract and irrelevant to our search for who we are and where we come from. Or we may think that Christian Science loses sight of each individual’s distinctness. Actually, spiritual truth is the concrete fact of our being—of all being. It is where our search for the truth of man—of us—must begin, and where it will ultimately end. Spiritual truth reveals man’s true distinctness, showing the countless varied expressions of divine perfection.

Spiritual truth unveils another important fact: We have never actually been separated from true being or from knowing and including in consciousness the immortal identity of those whom we may think of as our ancestors or relatives. All individualities exist eternally in the oneness of Truth as ideas of Mind, all inseparable from the supreme Principle, Love. Death cannot separate Mind’s ideas from Mind. Neither can time, distance, or ignorance. Not

one of these materially mental phenomena exists in Mind. They are but facets of the lie of life in matter, and they progressively disappear in the understanding of Spirit's allness.

Christ Jesus' meeting with Moses and Elias⁵ illustrated the unity of spiritual life. The veil of mortal mind, impenetrable to the physical senses, was no obstacle to Jesus' pure spiritual perception. He discerned the timeless, ever-present identity of Moses and Elias and was able to talk with them. This did not involve communication with so-called spirits but demonstrated his deep understanding of man as God's eternal, spiritual idea.

Immense spiritual growth is required before we approach the clarity of our Master's vision, but each of us can begin now to really acquaint ourselves with those we believe have lived before us and died—to discover their spiritual identity as God eternally knows it. To do this we must reject all claims of a material past, present, or future and begin to learn the allness of ever-present Spirit. In the universe of Spirit there is only the one Father-Mother and His countless sons and daughters—distinct spiritual identities, the ideas of God. No idea is ever an outcast or failure. Man is incapable of failure. He is perfect. "Through spiritual sense," writes Mrs. Eddy, "you can discern the heart of divinity, and thus begin to comprehend in Science the generic term *man*." ⁶

Of itself, the letter of Christian Science yields no lasting view of true manhood. But once we catch the spirit of that letter, our capacity to understand Truth will be found irrepressible. Spiritual ideas will become to us what they have always actually been—the substance of life. We will begin to really see who we eternally are and who our fellowman eternally is. We will begin to understand where we come from. As Paul put it, "We look not at the things which are seen, but at the things which are not seen: for the things which are seen are temporal; but the things which are not seen are eternal." ⁷

God is the Mind of man. Because of this, the God-impelled desire to know who we are and what our true ancestry is will be answered. God—and God *alone*—reveals all that is true of the universal family of man.

¹ Matt. 22:42-45; ² John 8:58; ³ 1:3; ⁴ *Science and Health*, p. 543; ⁵ See Matt. 17:1-3; ⁶ *Science and Health*, pp. 258-259; ⁷ II Cor. 4:18.

The Ten Commandments: Moral Code, Spiritual Law

MARK M. WILLIAMS

When Moses led the Israelites through the wilderness, the community needed rules to follow. The people did not understand the moral implications of God's revelation of His infinite identity: "I AM THAT I AM."¹

On Mount Sinai Moses received from God the Ten Commandments. These were moral demands upon each member of the community to honor and obey only one God and to respect the other members of the community.

As Christ Jesus taught, preached, and healed, he brought out the spiritual values of the Mosaic code. He demonstrated that they were spiritual guideposts to the kingdom of heaven. If these guideposts were missed, people would find themselves on the road to sin, sickness, and death.

The Epistle of James tells us, "Whosoever shall keep the whole law, and yet offend in one point, he is guilty of all."² This fact was brought out when a young man came to Jesus and asked how he could have eternal life. Although the man had kept the Mosaic code all his life, Jesus discerned that he worshiped material possessions. Exposing this false value, Jesus told him the only way he could be perfect would be to sell all his possessions and give to the poor. But the young man could not part with his dependence on material wealth, so he left sorrowfully.³

Which of the Ten Commandments, seen in their spiritual sense, had the young man broken? All of them! He had other gods—money and material things—before the one supreme God. He bowed before graven images as if they had power to give him good. He took the name of the Lord in vain by not believing he could rely on God for all good. He did not keep the sabbath holy—did not rest in the love of God. Nor did he honor his divine Father and

Mother, his true creator, God, since he refused to believe that God sustains what He creates. He killed by his belief that good was finite. He committed adultery by his lust for wealth. He coveted his neighbor's possessions because he desired the blessings that those who followed Jesus had, but was not ready to shed his false values to earn his own spiritual good.

The Ten Commandments, understood in the light of Christian Science, are a promise as well as a demand. They are like a mother's assurance to her child of his freedom from evil-doing. God being Love, if we truly love Him, we cannot harm anyone; we can only express love and bless others.

These Commandments are an expression of spiritual law, and it is impossible to break this law. Man, created as the perfect reflection of God, has no option. There is no other law to follow. Mrs. Eddy writes, "God's law is in three words, 'I am All;' and this perfect law is ever present to rebuke any claim of another law."⁴

Basing their moral code on absolute spiritual law, the Ten Commandments impel us in the direction of God, good. The Psalmist said, "O how love I thy law! it is my meditation all the day."⁵

¹ Ex. 3:14; ² James 2:10; ³ See Matt. 19:16-22; ⁴ *No and Yes*, p. 30; ⁵ Ps. 119:97.

UNDER HIS RIGHTEOUS GOVERNMENT

(And believe this,
brother,
there is no
other)

Each one performs
his holy part,
according to
the Maker's chart!

ESTHER M. SCHECK PETERSON

An Interview: with a food executive

by ROBERT L. GATES

It was typical of Paul Smucker that he should ask that his name not be used in this interview. He was glad to participate, to identify as a Christian Scientist; but wouldn't use of his name, he asked, be interpreted as promotional, perhaps unethical? It was our hope, we assured him, that this would not be the case; but rather, proper identification would authenticate the success he and a good number of his employees can attribute to the daily study and practice of Christian Science.

For those unfamiliar with the J. M. Smucker Company, the largest independent preserver in the United States, it comprises 12 plants employing nearly 1,500, and now ranks among Fortune magazine's second 500 in total sales. Paul H. Smucker, who took the reins of the company in the early 1960's and has seen annual sales increase from a little over \$10,000,000 to over \$110,000,000, is both the chief executive officer and chairman of the board. He is also serving as chairman of the executive board of his branch Church of Christ, Scientist, and was for many years a Sunday School teacher—a duty that he occasionally found nearly as challenging as being a director of a giant international food corporation or helping to negotiate a new union contract. The care and insight with which he runs his company—his profound interest in the highest quality control of his products and his sensitive concern for the welfare of his employees—prompted a university professor of business analysis to call Paul “one in a million, a really unique man and manager.”¹

To begin, how do you see yourself, and what is it you're trying to accomplish?

I don't really see myself as a professional manager in a material position, running a particular corporation. I see myself as a

loved child of God, "about my Father's business."² I try to know daily that all true business originates in Mind, God, and is spiritual, not material, that it's progressive and useful, productive and indestructible.

I can look back to the years before I knew anything about Christian Science and recall how afraid I was of everything. I was fearful of this and fearful of that, and if anything came out good I thought I was pretty lucky. People who knew me as a young man might think it remarkable that I could run a company, that I'd be capable. But I know today that my capacity, my ability, are strictly the result of studying Christian Science and knowing my real, true business is that of reflecting Godlike qualities such as integrity, intelligence, and strength—no matter where I am, whatever the circumstances.

Mrs. Eddy tells us in *Science and Health*: "The term Science, properly understood, refers only to the laws of God and to His government of the universe, inclusive of man. From this it follows that business men and cultured scholars have found that Christian Science enhances their endurance and mental powers, enlarges their perception of character, gives them acuteness and comprehensiveness and an ability to exceed their ordinary capacity."³

All this has been true in my experience. Right there you have my life—and the reason Science is so important to me. "Love," Mrs. Eddy says, "inspires, illumines, designates, and leads the way."⁴ This is the highest type of management, letting Love, God, direct, and getting self, human opinion, out of the way. As Christian Science teaches, an understanding of God's law, His government of the universe, enlarges our capacity to think in broader terms and more quickly and effectively. Whether I'm dealing with a union or with a customer who calls up from two thousand miles away and is disturbed about a price or a delivery, I know that I'll know what to say; I'll have the correct answer or the proper solution that will be fair and honorable and just for both sides, because Mind supplies that ability. And we reflect the one Mind that is God.

Can you give a specific example of how this has worked?

I could give many. But there are two that I'm particularly grate-

ful for. One concerned one of our plants in the western United States that voted to throw out its union. The national union immediately put out a notice to eleven northwest states: "Don't touch Smucker products because they decertified their union." I was the personnel manager of the main plant here in Ohio at that time, and I was sent out to negotiate a settlement. For seven days the plant manager and I negotiated with seven union officials. We would negotiate all day, and at night I'd go back to my hotel room and take my Bible and *Science and Health* and Mrs. Eddy's Prose Works and try to revitalize my thought for the next day.

For seven days we listened to some very unpleasant things being said to and about us. However, I stuck to the truth that divine Mind was governing every action, regardless of what some individuals seemed to express. As it turned out, the employees voted to have the union again, which is unusual. But the important thing was that the solution was very satisfactory to both sides and the boycott was stopped.

The other example I'd like to tell you about was a milestone in my business career. This was much earlier. We were shipping our products from Ohio to California, and I told my father that if we were going to be a significant factor in the West we would need to have a plant in the West. He said, "I agree with you. You go out and locate the plant." Now, normally, in the operation of any business when you locate plants you seek professional advice and use all kinds of sophisticated, technical studies to see where the best water and electrical power and employment and transportation are. I went out to San Francisco knowing only what I sought to accomplish and the basic truth that divine Mind, God, is ever present and would lead me to the right decision.

The next day representatives of the Southern Pacific Railroad showed me several areas. That evening, after just one day's looking, I called my father and said, "I have a strong feeling Salinas, California, would be the logical place to locate a plant to serve the West." He asked the reason, and I said I really couldn't explain by phone the real reason, but I would get back to him shortly. The only reason I had was that I felt spiritually guided to know this was the place. The next day I met the city manager to begin going

over the advantages and disadvantages; and the advantages from the human standpoint seemed to be overwhelming.

The plant we built there became the base of our operations for the West. We have since opened other plants out there, but this first location I was directed to nearly twenty years ago remains the foundation and has become each year more and more valuable for the growth of our company. From a human, business standpoint, I wasn't trained to locate a plant site. My background was strictly accounting and personnel. Yet looking back and knowing what has happened since, I couldn't imagine all the professionals being able to select a site for us that would be any better.

There's strong inclination frequently to get human professional advice on business matters that we don't appear to have expertise to handle. And this is sometimes wise. But if we know there is only one Mind, and really understand it well enough and trust it, we can expect good results. I admit it's difficult when you have as much information as the computers can give you today about your business; it's difficult not to take a short-run look at things, especially when orders are fluctuating, the business cycle appears so obvious, and what you see on paper isn't exactly what you would like to see. However, when we put human planning on a spiritual basis and know that God's plan is unfolding good continuously, we can experience that good—abundantly.

It was holding to these truths which we learn in Science that led us to become the only completely vertically integrated preserve and jelly company that I know of. We didn't realize what we were doing at the time, but over the years we were acquiring small processors, little companies, to pack the fruit that's needed for our products. So now when we go out to buy strawberries we don't buy them from somebody else. We have our own field operation; almost 90 percent of our raw material is under the direction of our own plants. Here was a situation that just seemed to develop. One might say we backed into it. However, we really didn't. We did it step by step—not knowing what was taking place, but with trust relying on our understanding of Christian Science to present the right decisions at the right time.

Now, you're a very busy man, on the boards of banks and large corporations, a director of the Grocery Manufacturers Association, chairman of a foundation, running your own company, active in your branch church. How do you find time for it all?

Oh, it can be difficult—if we let it. About two years ago I went to see a Christian Science practitioner on this very problem. I seemed to be working twenty-four hours a day. I was building a plant in Memphis, Tennessee, I was running a sales department, attending seminars. But I didn't seem to have control of all the things I was doing. I was getting behind and I couldn't catch up. After listening to my explanation of the problem, the practitioner asked me, "Are you giving the right priorities to what you do?" I had to admit I didn't understand what he was talking about. He called my attention to a statement I'd read many times in *Science and Health*: "Prayer, watching, and working, combined with self-immolation, are God's gracious means for accomplishing whatever has been successfully done for the Christianization and health of mankind."⁵

He said, "I know you're flying all over the country and getting orders and building plants, but are you sure you're praying first? Get those priorities in order!"

The temptation is, when you're busy, when you're traveling, when you're trying to get caught up, to let a few things slip. Now, in addition to my normal reading of the Lesson-Sermon,⁶ I'll have a *Sentinel* in my desk, maybe another one in my briefcase, and when there are a few spare moments in the day I can read an article or two. And suddenly, sometimes before I'm aware of it, I seem to be accomplishing so much more, with less human activity and without fatigue.

How do you view competition?

Because I recognize the allness and all-power of Spirit, I can know that there is no opposing power to cause lack or inaction or deterioration or misunderstanding or controversy. And if I understand that my competitor is just as much God's child as I am, I know that this truth applies to him as much as to me. I know, too, that no one can be deprived by another's growth, because under God's law supply and demand go together. Seeing competition in

this way has enabled us to maintain a relationship whereby several of our competitors feel free to buy from us when they're short of fruit. I think that indicates the trust and respect we have for one another.

Mrs. Eddy had something interesting to say about integrity in business. In Miscellaneous Writings she says of Christian Science, "... it encourages and empowers the business man and secures the success of honesty."⁷ You would, I'd imagine, agree?

Indeed so. We're trying in everything we do—including our advertising—to bring out the highest quality of thought. In every phase of our operation, wherever decisions are made, we ask ourselves, "Is this morally sound and honest? Does it represent the highest degree of integrity?" If it does, then I know we'll have no problem and we needn't even question what the end results will be. We'll continue to have a progressive, successful business.

Grandfather, in founding the business, really based it on these same standards. I remember vividly a Bible quotation that hung on a wall in his office: "Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap."⁸

Many companies have a tremendous desire to grow rapidly. We might not be as attractive to stockholders as some that project an x-percent increase in volume, and profits compounded yearly for the next twenty years. We don't feel that's our main objective. Our main objective is to express God's qualities in treating everyone—our customers, our suppliers, our employees—honestly and fairly. It's important to us to put the highest quality of fruit and processing we can put in a jar, and to continually strive to upgrade the quality of every product we make. If we continue with this objective, listening for and trusting God's direction, then growth will come. I don't know what percentage that growth will be; but growth will very definitely come. It's as Mrs. Eddy tells us: "Never ask for tomorrow: it is enough that divine Love is an ever-present help; and if you wait, never doubting, you will have all you need every moment. What a glorious inheritance is given to us through the understanding of omnipresent Love!"⁹

¹ Quoted in *The Wall Street Journal*, February 3, 1975; ² Luke 2:49; ³ *Science and Health*, p. 128; ⁴ *ibid.*, p. 454; ⁵ *ibid.*, p. 1; ⁶ in the *Christian Science Quarterly—Bible Lessons*; ⁷ *Mis.*, p. 252; ⁸ Gal. 6:7; ⁹ *Mis.*, p. 307.

The Family Party

Amy Peach Hawkes
(written at age 11)



Tanya and her parents were going to Grandmother and Grandfather's house. So were all of her aunts and uncles and cousins. Boy, there sure would be a lot of relatives! She could hardly wait.

It was going to be a special get-together. Grandmother wrote and asked if Tanya would like to read a poem. "I wrote the poem when I was your age," the letter said, "and I thought you'd like to read it to everyone." Tanya wrote back and said she couldn't wait to read it.

Then Tanya looked at the poem. It was a nice poem—

she really liked it. "But what if I stumble over some of the words?" She suddenly felt a little scared. Then she was afraid of her fear. What if it made her spoil Grandmother's poem? She began to feel awful just thinking about being afraid with the whole family listening to her.

Tanya went up to her room. She knew she didn't have to be afraid. She got out her Bible and sat on the bed. She was going to work out her problem with God. In her Christian Science Sunday School class the teacher said you should always begin with God. So she thought about this verse from the Bible: "And the Lord, he it is that doth go before thee; he will be with thee, he will not fail thee, neither forsake thee: fear not, neither be dismayed."¹ There was a good strong feeling about it. God was always with her, so she didn't need to be afraid.

After this Tanya opened up her *Hymnal* to a hymn she knew and liked: "Then let us know no fear,/Our King is ever near."² This reminded her that she shouldn't be afraid because God is *always* here with her. Now she understood what she had been doing. She'd felt there was such a thing as fear, that God made evil as well as good. But God is all good. Before her, with her, everywhere, so she had no need to be afraid.

Tanya knew she wasn't afraid now. She was so happy to see the truth that she said right then, "Thank you, God, for helping me to see what's right, so I'm not afraid. Thank you." Then she picked up Grandmother's poem and started to practice.

When the day came to leave for the family get-together, Tanya was looking forward to the party. It had been a long time since she'd seen all her relatives. And when it was time for her to read the poem she wasn't a bit afraid—just happy knowing that God was there. As Mrs. Eddy says, "God's being is infinity, freedom, harmony, and boundless bliss."³ *That's* how she felt!

¹ Deut. 31:8; ² *Christian Science Hymnal*, No. 10; ³ *Science and Health*, p. 481.

Editorials



GEOFFREY J. BARRATT
Editor

NAOMI PRICE
Associate Editor

NATHAN A. TALBOT
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What About Darwin's Theory?

Many Christians have been profoundly offended by the writings of Charles Darwin. They have felt that the growing acceptance of his theory threatens some deeply cherished fundamental teachings of Christianity.

Darwin, whose father encouraged him to be a minister, chose eventually to be a natural scientist. His studies and observations led him to theorize, among other conclusions, that human life as we know it has evolved over millions of years from primitive bits of matter—developing first in water and later on land.

Many felt this theory discredited the Bible and its account of Adam and Eve. Emotions ran so deep over the issue that an American schoolteacher was prosecuted and convicted in 1925 for teaching Darwin's theory of evolution in a public school. Of course, today it's not uncommon for the theory of evolution to be included in school texts. But many concerned Christians feel strongly that the Adam and Eve account should be offered as an alternative and printed alongside Darwin's theory.

Christian Scientists may be as puzzled about their fellow Christians' deep concern over this issue as these fellow Christians are puzzled over the Christian Scientists' apparent lack of concern. Actually there is a burning issue here for the Christian Scientist too. And as a matter of fact, he does appreciate his fellow Christian's feelings. But he thinks those concerns are misdirected.

The theory of evolution describes the evolving process of human life within matter. Current data, interpreted in the light of that theory, suggest that men and apes trace their heritage back to a common ancestor and beyond. Christians who object to the

Darwinian approach generally subscribe to the theory that God made man of dust, that man fell from His grace, and that now all mankind suffer at least in some measure as erring and sinning people. Both theories define man as evolving in matter. Both accounts regard man as a suffering and dying mortal. Neither account acknowledges God as infinitely and supremely good, maintaining eternal and ever-present perfection.

Those Christians who are offended by the teaching that at one time men's ancestors had more hair and less intelligence ought to be able to appreciate the burning issue the Christian Scientist sees: Has man, made in the image and likeness of God, perfect Spirit, ever evolved *either* from a relatively less intelligent animal *or* as a sinning mortal?

We believe neither account accurately describes the glory of God's true creation.

God is Spirit, divine Love. He always has been. He is now. He always will be. Man is the expression of Spirit, Love. Man is a divine idea, the holy likeness of his God. He always has been. The spiritual facts of God and man's relationship to Him are eternal. They are maintained forever. They can be proved now.

Mary Baker Eddy writes in *Science and Health with Key to the Scriptures*, "In its history of mortality, Darwin's theory of evolution from a material basis is more consistent than most theories." A few pages later she continues, "Evolution describes the gradations of human belief, but it does not acknowledge the method of divine Mind, nor see that material methods are impossible in divine Science and that all Science is of God, not of man."¹ Neither the Adam concept of man nor the Darwinian theory—since both are falsely premised—will ever be conclusively proved.

The Bible has given the true account of creation. But it gives that account in the first chapter of Genesis. It describes man's precious perfection as God's unerring child. The second chapter depicts the sinning mortal *belief* that man is made of matter and has lost perfection. Christ Jesus proved man to truly be the son of God, His divine expression, an individual spiritual identity. His understanding of God's allness and of man's eternal inclusion in that allness exposed the masquerade of sinning mortality. He discerned man as God's spiritual offspring held within the infinite

divine consciousness, Spirit. He disproved the erring, limited Adam concept of man through healing.

Paul writes, "As in Adam all die, even so in Christ shall all be made alive."² The Adam *concept* of man inevitably dies—including every one of its limiting beliefs—either on this side of the grave or the other. But immortal manhood—the Christ ideal—forever lives, and that fact can and finally must be proved, whether before or after what we call death. Jesus, who understood his full Christliness, showed us how to prove that man's heritage lies neither in an animal line nor a mortal. Man's heritage stems directly and without interruption from one Father-Mother God, the only true parentage man has ever had.

The Christian need not be torn between the weight of evidence presented by the natural scientist and his own desire to remain faithful to teachings of the Bible. Within the realm of his own expertise the natural scientist may have found a plausible explanation for the development of mortals. But the Bible lifts our vision to recognize that from the standpoint of eternal perfection—the standpoint of reality—man is at one with his Maker, secure and whole.

Christ Jesus gave us the full answer to the dilemma presented by Darwin's theory. That answer awakened people to their health and wholeness then, and it is doing so today.

NATHAN A. TALBOT

¹ *Science and Health*, pp. 547, 551; ² I Cor. 15:22.

Reversing Reversal

An advantage of scientific spiritual healing over other therapeutic methods is that the individual who is healed by its ministrations need not suffer a recurrence of the ailment. On this scientific basis the healing is permanent. The prophet's vision is fulfilled concerning God's power to destroy what is contrary to His goodness: "He will make an utter end: affliction shall not rise up the second time."¹

No affliction can recur after God has healed it. All evil conditions are brought about in human experience by false belief in a power and presence apart from God, good. When the true under-

standing of God's ever-presence is gained and the specific false belief is utterly destroyed, the unhealthy bodily conditions that are outward manifestations of this belief are healed.

Christian Science shows that physical illnesses—all human discords—are the objectification of thoughts that ignore or deny God's law of harmony and accept as real some discord or belief in evil. They are the consequences, in belief, of reversing truth—in *belief*, only, since it is actually impossible for truth to be reversed. In fact, matter in its entirety is the subjective state of mortal thought—the objectification of false belief. Physical discord is produced by mentally reversing truth. Its basis is a lie.

True healing takes place by reversing this reversal, or lie. It is accomplished through better understanding and acceptance on our part of the true perfection of real being as created by God. When the Christ, or true idea, comes to the human mind and improves it, the physical body and its conditions are also improved. The clearer recognition of the truth of being has a beneficial outward effect. Since the physical body and its conditions are merely thought made manifest, the body must improve. It must be purified, renewed, made more harmonious and vigorous in the proportion that the human consciousness is purified, renewed, and strengthened by becoming more cognizant of all-harmonious Truth. Thereafter the body cannot relapse into the diseased condition it has outgrown, any more than the mentality, once enlightened by Truth, can again relapse into a darkened state of ignorance and false belief.

Does it sometimes seem that there is evidence of a relapse in a case? That there is a return of a disease we believed to have been healed? Christian Science shows how we can deny such evidence and reverse the sense of reversal of Truth's appearing. Mrs. Eddy writes: "An improved belief cannot retrograde. When Christ changes a belief of sin or of sickness into a better belief, then belief melts into spiritual understanding, and sin, disease, and death disappear."² This statement is truth, and when it is accepted into thought, it acts as law to suggestions of relapse and wipes them out. When it is steadfastly applied in a case that seems to be deteriorating, it will effectively destroy the false evidence of relapse in the physical condition, showing retrogression to be no more than illusion.

A practitioner of scientific, spiritual healing need never be

alarmed by the appearance of relapse in an invalid. Such reversal is best dealt with through strong, insistent rejection of the negative suggestions—through reestablishment in thought of the true idea of God, which denies the possibility of good ever being reversed.

After a period of deep and conscientious prayer, called forth by an alarming report of reversal in a case of apparently severe illness, a practitioner turned the knobs of the television set to tune into a weather-and-news program. Suddenly there flashed on the screen a scene in an old movie. A horse-drawn stagecoach was traveling smartly along the trail at a fast trot. There was real forward action here. The coach was moving toward its destination, although, if one's eyes were to be believed, this was little short of miraculous, since to all appearances the wheels were moving *backward*.

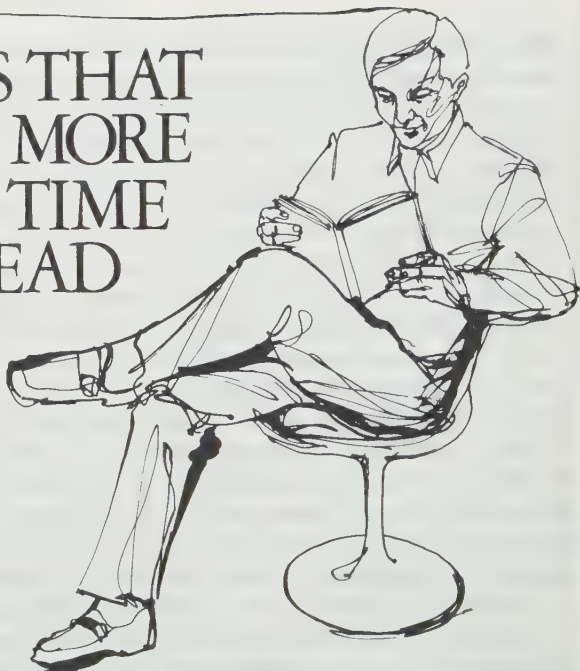
The practitioner watched it for a moment. The optical illusion was familiar, but the anomaly of the apparent reverse action of the wheels now caught her attention. The coach was moving forward despite the evidence that its wheels were going backward. Surely, behind this incident one could see a divine message showing how to deal with the claim of reversal in the case then demanding attention.

At once all fear for the progress of the apparently sick patient evaporated. The practitioner saw that the symptoms of reversal were no more legitimate than the apparent backward action of the wheels. She challenged the evidence of the physical senses, confronting the claim of retrogression in the case with the certainty that truth—the actual, God-established perfection of man—is never reversed. She insisted that this fact, understood, reverses the lie that man has ever lapsed from his God-given condition of perfect health. She voiced the conclusion that, as a consequence of this change of consciousness, a better condition of health must be established in the material body. And she affirmed with conviction that, in Mrs. Eddy's words, "an improved belief cannot retrograde." The result was immediate. The patient responded and started to get better. Finally, it was indisputably proved in this case, as it can be in any other, that, as Mrs. Eddy says, "a relapse cannot in reality occur in mortals or so-called mortal minds, for there is but one Mind, one God."³

NAOMI PRICE

¹ Nah. 1:9; ² *Science and Health*, p. 442; ³ *ibid.*, p. 419.

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Testimonies of Christian Science Healing

For some years now I have wanted to write of a wonderful healing that my wife and I experienced with our first child. About six weeks after our daughter was born, the doctor in attendance informed my wife that the child had one leg about an inch shorter than the other. He recommended that a steel brace be immediately applied. But he did not believe there was a possibility that the leg would ever be normal, and he said she would probably always walk with a limp. My wife and I were students of Christian Science, and we had a sincere desire to rely entirely on God for the healing. Not only would a brace be physically difficult for the child, but we felt the healing would come without it, as we turned entirely to God.

We asked a Christian Science practitioner to prayerfully support our own prayer for our daughter. We worked together to see the perfection of the child as the true spiritual likeness of God. We reasoned that this likeness could include no imperfection of any kind.

Two years went by but the healing did not come. My wife and I persisted in daily prayer for our daughter as taught in Christian Science. Over this time, doubt and discouragement had to be met. When the child was old enough to walk, she did so with a decided limp. We wondered at times if we had done right by her as the material evidence of a handicap did not change. Also we indulged in harsh and useless condemnation of ourselves for not making this demonstration. We wondered why a healing had not appeared,

The statements made in these testimonies with regard to healings have been carefully verified. The original testimonies and their respective verifications are on file for reference with The Christian Science Publishing Society.—THE EDITORS.

since we were conscientious Christian Scientists working as we had been taught to apply the spiritual laws of healing as set forth in *Science and Health with Key to the Scriptures* by Mary Baker Eddy.

In a discussion one day with the practitioner, it was pointed out that what was needed was a looking away from the material evidence that seemed so real, to the spiritual facts of the situation which had always been true of the child. The practitioner stated that since this child was in reality made in God's own image, what we were looking at and calling a lame child was an illusion of the material senses, which must be denied and replaced with the spiritual facts of being. And that if we would hold to this truth steadfastly, a healing must take place.

During the drive home from the practitioner's office, we agreed that from that point on every time we looked at this child or thought of her we would see through the material evidence to the true spiritual facts about her. In *Science and Health* Mrs. Eddy writes (p. 495): "When the illusion of sickness or sin tempts you, cling steadfastly to God and His idea. Allow nothing but His likeness to abide in your thought." Further on she writes, "Let Christian Science, instead of corporeal sense, support your understanding of being, and this understanding will supplant error with Truth, replace mortality with immortality, and silence discord with harmony."

I recall very clearly as we walked in the door of our home and saw the child limping down the hallway toward us, my wife and I immediately said, "This is God's perfect child, and we will accept only the evidence of the spiritual facts that man is harmonious now—perfect and complete." We knew that right where the illusion of the material senses was trying to tell us there was a limping, unhealed child, right there God's spiritual fact was that she was already perfect. We rejoiced in this spiritual truth of our daughter.

Several months later my wife was at the beach with some friends and their children, when she noticed our daughter running along the beach with the other children, and the limp was no longer there. The child was completely and permanently healed. This healing took place over twenty years ago, but our gratitude for Christian Science and this marvelous healing has continued to grow over the years.

In thinking back about this healing, I have come to realize how important and basic it is in healing to watch that one accepts only what is spiritually real, and to reject all else as a lie. I have been helped much by studying and pondering what Mrs. Eddy writes of these two words "accept" and "reject," and especially what she says about this in *Science and Health* (p. 357): "We sustain Truth, not by accepting, but by rejecting a lie."

I can never be grateful enough for Christian Science, for Christ Jesus, whose healing method inspires our own, for Mrs. Eddy, for class instruction, membership in The Mother Church and a branch church, the opportunity to serve as Reader, and for the help I have received over the years from fellow Christian Scientists, who have aided me spiritually along my way.

LESLIE B. NELSON
Menlo Park, California

The above testimony given by my father is true. I could never give enough thanks to Christian Science for this beautiful healing that I had as a child. My family and I have had countless healings through Christian Science, including those of job placement, inharmonious relationships, physical illness, and the setting of broken bones through prayer.

I am so grateful for class instruction, and for this wonderful Science that does heal in *any* situation.

(Miss) LINDA A. NELSON
Laguna Hills, California



When I was a child, and long before I had even heard of Christian Science, I attended a Protestant Sunday School where I learned to love the Bible stories. I remember well the indignation I felt when I first heard of Peter's denial of Jesus. "Why didn't he stand up for his friend?" I asked. "I know I would!"

Years later, after becoming a student of Christian Science, I learned that fidelity to the Christ requires more than a mere personal sense of loyalty. Rather, it demands strict adherence to divine Principle, God, as Christ Jesus lived and taught.

Shortly after I had begun the earnest study of Christian Science, I was alarmed to find my throat painful and swollen. Swallowing was difficult. I requested treatment from a Christian Science practitioner, who asked me to give careful thought to a citation from *Unity of Good* by Mrs. Eddy. Referring to Jesus, it reads (p. 11), "He demanded a change of consciousness and evidence, and effected this change through the higher laws of God."

I was extremely fearful, and the pain persisted. There was almost a week of little food. I had been wavering between distrust of my own small understanding and the inspiration coming to me from the prayerful work of the patient practitioner. Then I awakened to something in the Bible Lesson in the *Christian Science Quarterly* for that week, which I had previously overlooked. I had long been familiar with the verse from John (8:32), "And ye shall know the truth, and the truth shall make you free," but until that moment I had never been aware of the words immediately preceding it, which were included in that week's lesson (v. 31), "If ye continue in my word, then are ye my disciples indeed."

It was the first time I had suffered pain since I had begun to rely on Christian Science for healing. I sincerely wanted to be a good disciple, and I asked myself if giving in to the first pain was being a true follower of the Christ. I said aloud, "I refuse to believe in a power apart from God, no matter what!" I had looked at my throat and it was a fearsome sight. But I learned at that moment that fidelity to the Christ meant maintaining unfaltering trust in the omnipotence of a loving Father-Mother God. To entertain a single ungodlike thought was to lose sight of His omnipresence.

That evening I watched television with my family. A particularly funny program sent us all into gales of laughter. I was suddenly struck by the normalcy of the scene. Four people were sharing a routine, pleasant evening; but I realized the other three people in the room could not possibly share the pain in my throat that appeared to exist only in my consciousness. Although there was no change in the throat condition at that moment, I no longer believed in it. I felt completely normal; and I knew that I was healed. I thought, "Why this is the 'change of consciousness.' The change of evidence will surely follow."

The next morning the change of evidence appeared. I was sud-

denly aware of an unusual sensation in my throat. I stood still and in humility felt the painless release of the swelling and soreness. This healing example of mental surgery has remained a milestone to me.

My gratitude for Christian Science is boundless. I would especially mention appreciation of the activity and growth in understanding provided by membership in a branch church and The Mother Church, for class instruction, and for the dedication of Christian Scientists all over the world.

(Mrs.) FRANCES L. COMMONS
Orlando, Florida



After the death of one very dear to me who had been a profound influence on my life, I suffered severe chest and back pains, coupled with an inability to breathe normally. I sought the prayerful treatment of a Christian Science practitioner, who helped faithfully for several months. There were periods of semi-release, but I also had times of pain and fear that I was passing on.

As the months passed, I felt an obstruction in the areas of my heart and lungs. Numerous pictures of incurable disease paraded before my thought, and the fear of passing on continued to plague me. I spent hours in the study of the Bible and *Science and Health* by Mrs. Eddy, and in affirming and reaffirming the truths of Christian Science. Very gradually progress became apparent. With the coming of spring, the pain had disappeared, but the obstruction to my breathing still seemed very uncomfortable.

Throughout this time I was forced to see more clearly than ever before that God is my Life and that life is not in matter to pass out of matter. This, I recognized, was the truth about my friend as well. I was seeing, too, that I could not be separated for an instant from the love of our Father-Mother God and that neither could my dear friend.

With the coming of summer I was moving about doing almost everything, including light swimming in a pool. In August the family went for a brief vacation in the New Hampshire White Mountains. My husband and I wanted very much to climb a

mountain. By this time I had held so many times to the fact that my life is not dependent upon my heart or my lungs—that God is my Life—that I decided to climb. Although the breathing was difficult, the climb was successful and took about two and one half hours, round trip.

Upon returning from New Hampshire I wanted very much to teach in the Sunday School again, but felt I could not until the healing was complete. My desire to be healed and to teach in the Sunday School was very great. I had been praying myself, without the aid of a Christian Science practitioner, for several weeks; the idea came to me very clearly that I was not dependent upon a person for my joy or for my health, but that I was dependent entirely on God. Soon the obstruction was gone! I was completely free! With tears of gratitude to God I realized I had been healed of grief. After ten months the battle had been fought and the victory won and I was now ready to accept the responsibilities and opportunities provided by a loving Father-Mother God.

Last summer our teen-age daughter was healed through prayer in Christian Science of a condition that appeared threatening. The love and support of two Christian Science practitioners at different times was of inestimable value to us all. Because of the severity of the situation we were forced to dig deeply into our understanding of Christian Science for life and health. We clung to statements of truth from *Science and Health*.

One day a practitioner mentioned to our daughter that she could be at the Wednesday testimony meeting that evening. Those close to her were incredulous. Toward the end of the day the pain was intense. At this point, however, I was convinced of our need to make an effort to awake from this dream of suffering. I left our daughter's room and went to pray for the healing success of all Wednesday testimony meetings in branch churches all over the world. I prayed again after dinner and then went to our daughter's room. She was up and dressed, and was sitting relatively peacefully in a chair listening to music. We all went to church that night. I shall never forget the experience of observing our daughter sitting quietly throughout the meeting, and when it was over she announced that the pain was all gone. She asked her father to take us for a drive in the fresh summer air, as she felt so joyous and free.

Our daughter was able to attend a summer camp four days later. Before leaving for camp she had resumed normal activity, strength, and eating habits. At camp she participated in a vigorous program, which included river rafting and long hikes into the mountains. She spent a very happy ten days there.

I am very grateful for this healing and for the spiritual strength we all gain in situations such as this one.

(Mrs.) NANCY H. KREUTZER
Riverside, Connecticut



I am deeply grateful to God for the manifold blessings and healings my family and I have received through Christian Science. It is more than two years since I was healed in Christian Science. I have very good health now.

Before being introduced to Christian Science I had been seriously ill for four months in 1974 and had consulted specialists for palpitation of the heart and gastritis. I was placed under a restricted diet. Various systems of medicine were of no avail. A Christian Scientist visited me twice. I requested him to pray. He said he would do so provided I gave up doctor and medicine. I refused because I thought my orthodox faith was sufficient to heal me. I even tried fasting and prayer. Instead of becoming physically better, I became worse. Again the Christian Scientist visited me when I was preparing for admission to hospital, as my condition was serious. This time I accepted his offer of treatment in Christian Science. I asked my wife to throw out all the medicine. She did so. With scientific prayerful treatment, in a short while I got up from bed and smiled and said, "I am healed. I do not need medicine." All my family members thought at first I had become mad, as they did not see the miraculous healing I experienced.

The next day I spent my time reading the book *Science and Health* by Mrs. Eddy. After two days I resumed my duties. All my colleagues were surprised to see me at the office because they were expecting to see me in hospital. This healing in Christian Science gave me a conviction I could break all the restrictions of my diet.

We have had other healings in our family. My mother suffered from dysentery for two days. She was not able to walk. I prayed to know the spiritual perfection of my mother as taught in Science, and immediately a thought came from the Bible. The disease looked very real, like a Goliath, but the power of God was gentle and firm, like David, and it destroyed the discord with the great truth of man's spiritual, perfect being in God. This spiritual understanding of God's presence and power to heal brought healing to my mother in one day.

On another occasion my six-year-old daughter fell sick. She was believed to be suffering from typhoid. With prayerful work of a Christian Science practitioner, she was completely healed in one week. Now my children regularly attend a Christian Science Sunday School. They are convinced they are healed by praying understandingly the Lord's Prayer with the spiritual interpretation given by Mrs. Eddy in *Science and Health*. Two lines are interpreted (pp. 16-17):

"Thy kingdom come.

Thy kingdom is come; Thou art ever-present.

Thy will be done in earth, as it is in heaven.

Enable us to know,—as in heaven, so on earth,—God is omnipotent, supreme."

After studying *Science and Health* I am convinced beyond all doubt that Life is God and Life is not subject to death. I have withdrawn from other theological studies, as *Science and Health* explains to me better than any other book—God and the universe, and man in the image and likeness of God. I am richly blessed by my membership in The Mother Church. The Bible Lesson in the *Christian Science Quarterly* is my daily bread.

Words are not sufficient to express my joy and how deeply I feel grateful to God, the only Mind, for Christ Jesus, the Way-shower, who spoke the words of God, and for Mrs. Eddy, who gave to mankind the spiritual truths in *Science and Health* to raise dormant world thought from sense to Soul.

I. WILLIAM BENJAMIN
Andhra Pradesh, India

Christian Science Lectures



Everyone is cordially invited to these free lectures.

‡ Indicates Children's Room available during lectures. Details should be obtained locally.

REPUBLIC OF SOUTH AFRICA

CAPE PROVINCE—Cape Town (First): Sea Point Civic Centre, Main Rd., Three Anchor Bay, 3 p.m., Sun., Sept. 11.‡ "Justice Under God's Care" (Henderson)

UNITED STATES

(July 30 through August 7)

CALIFORNIA—Berkeley (First): Civic Center Park, Allston Way and Center St., 3 p.m., Sat., July 30.‡ "Get Your Life in Balance" (Driver)

Beverly Hills: Church, 142 S. Rexford Dr., 8 p.m., Mon., Aug. 1.‡ "Eternity Now" (Angus)

Big Bear Lake: Church, Cottage and Beaver Lanes, 4 p.m., Sat., Aug. 6.‡ "Honesty—The Power of Its Deeper Dimension" (Rennie)

Newport Beach (First): Church, 3303 Via Lido, 8 p.m., Fri., Aug. 5.‡ "Honesty—The Power of Its Deeper Dimension" (Rennie)

Pico Rivera: Church lawn, 7419 Passons Blvd., 5 p.m., Sat., July 30.‡ "Eternity Now" (Angus)

San Diego (joint lecture): First Church of Christ, Scientist, 2442 Second Ave., 3 p.m., Sun., Aug. 7.‡ "Honesty—The Power of Its Deeper Dimension" (Rennie)

San Francisco (First): Royal Theatre, 1521 Polk St., 11 a.m., Sat., July 30. "Get Your Life in Balance" (Driver)

Santa Monica: Church, 505 Arizona Ave., 3 p.m., Sun., July 31.‡ "Get Your Life in Balance" (Driver)

Ventura (joint lecture): Ventura High School, Larrabee Stadium, Seaward and Poli Sts., 3 p.m., Sun., Aug. 7.‡ "Eternity Now" (Angus)

Whittier (joint lecture): Whittier College Amphitheater, outdoors, 13406 E. Philadelphia, 10 a.m., Sat., Aug. 6.‡ "Honesty—The Power of Its Deeper Dimension" (Rennie)

Woodland Hills (Forty-third, Los Angeles): Church, 6117 Shoup Ave., 3 p.m., Sun., July 31.‡ "Eternity Now" (Angus)

ILLINOIS—Sterling: Grandon Civic Center, outdoors, E. Fourth St. and Third Ave., 7 p.m., Sun., Aug. 7. "Your Unlimited Opportunities" (McGrew)

INDIANA—Indianapolis (Fourth): Scottish Rite Cathedral, 650 N. Meridian St., 10 a.m., Sat., Aug. 6.‡ "The Life That Is Worth Living" (Henniker-Heaton)

Kokomo: Church, 300 E. Mulberry, 3 p.m., Sun., Aug. 7.‡ "The Life That Is Worth Living" (Henniker-Heaton)

KENTUCKY—Louisville (First): Church, 1305 S. Third St., 8 p.m., Thurs., Aug. 4.‡ "The Life That Is Worth Living" (Henniker-Heaton)

MAINE—Camden: Bok Amphitheater, Atlantic Ave., 3 p.m., Sat., July 30.‡ "No, You're Not Trapped!" (Leever)

Harrison (Society, Fryeburg): Camps Newfound/Owatonna, Rte. 35, 3.30 p.m., Sun., July 31.‡ "No, You're Not Trapped!" (Leever)

MICHIGAN—Detroit (Second): Band Shell, Public Park, Belle Isle, 8 p.m., Thurs., Aug. 4. "No, You're Not Trapped!" (Leever)

Royal Oak: Church, 900 W. Fourth St. and Oakdale, 8 p.m., Fri., Aug. 5.‡ "No, You're Not Trapped!" (Leever)

NEW HAMPSHIRE—Plymouth: Church, Emerson St., 8 p.m., Mon., Aug. 1.‡ “No, You’re Not Trapped!” (Leever)

NEW YORK—Canandaigua: Sheraton Canandaigua, 3 p.m., Sun., Aug. 7. “No, You’re Not Trapped!” (Leever)

Chautauqua (First, Buffalo): Hurlbut Memorial Community Church, Chautauqua Institution, 2 p.m., Sun., July 31. “The Healing Method of Christian Science” (Spencer)

Rochester (First): Eisenhart Auditorium, Rochester Museum and Science Center, 657 East Ave., 3 p.m., Sat., Aug. 6.‡ “No, You’re Not Trapped!” (Leever)

Saranac Lake: See local notice for place and hour. Tues., Aug. 2. “No, You’re Not Trapped!” (Leever)

OHIO—Centerville: Church, 100 S. Main St., 8 p.m., Tues., Aug. 2.‡ “The Life That Is Worth Living” (Henniker-Heaton)

Mariemont (First, Cincinnati): High School, 3812 Pocahontas Ave., 8 p.m., Mon., Aug. 1.‡ “The Life That Is Worth Living” (Henniker-Heaton)

OREGON—Portland (First): Church, 1819 N.W. Everett St., 8 p.m., Thurs., Aug. 4.‡ “Eternity Now” (Angus)

TENNESSEE—Knoxville: Church, 3622 Kingston Pike, S.W., 3 p.m., Sun., July 31.‡ “The Life That Is Worth Living” (Henniker-Heaton)

[These lectures are given by members of the Board of Lectureship of The Mother Church, The First Church of Christ, Scientist, in Boston, Massachusetts, U.S.A.]

SUBMITTING TESTIMONIES

Convincing testimonies of healing in Christian Science are welcomed for publication from members of The Mother Church and from students who are not members. If possible, they should be typed, triple spaced, on one side of the paper only and with wide margins. A testimony should be concise and include only the important points necessary to tell of the healings. Thus more testimonies can be published. Testimonies should be signed by the testifier and verified by three members of The Mother Church who can vouch for the integrity of the testifier or have witnessed the healings. If the testifier is unacquainted with three members, his affidavit may be sufficient, but in this case he should, if possible, obtain verification from one or two members. The testifier should submit the verifications with the testimony. Complete addresses of the testifier and his vouchers should be furnished.

All contributions accepted for publication become the sole property of The Christian Science Publishing Society.

Testimonies should be addressed to The Christian Science Publishing Society, Journal, Sentinel, and Herald Editorial Department, One Norway Street, Boston, MA, U.S.A. 02115.

THE CHRISTIAN SCIENCE TEXTBOOK

Science and Health with Key to the Scriptures by Mary Baker Eddy is the textbook of Christian Science. It is available in English, in English-Braille, and in Danish, Dutch, French, German, Greek, Indonesian, Italian, Japanese, Norwegian, Polish, Portuguese, Russian, Spanish, and Swedish. It may be obtained from any Christian Science Reading Room, or ordered directly from MISS FRANCES C. CARLSON, Publisher's Agent, One Norway Street, Boston, MA, U.S.A. 02115.

THE CHRISTIAN SCIENCE PERIODICALS

The following periodicals were founded by Mary Baker Eddy, the Discoverer and Founder of Christian Science, and are published by The Christian Science Publishing Society, One Norway Street, Boston, MA, U.S.A. 02115:

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THE CHRISTIAN SCIENCE MONITOR (international weekly edition): An international newspaper published weekly in English; not available to persons living in the United States, Canada, or Mexico; \$37.50 eighteen months, \$25.00 a year, \$12.50 six months, 60c a copy.

You may subscribe for these periodicals directly from The Christian Science Publishing Society in Boston or obtain them from a Christian Science Reading Room in your community.

THE JOY OF BELONGING TO THE MOTHER CHURCH

The sense of wholeness that comes from an honest commitment to the things you believe in—this is one of the joys of belonging to The Mother Church.

You are warmly invited to apply for membership at any time. Applications are acted on twice each year—in June (applications due by May 1) and in November (applications due by October 1).

You may obtain an application from any Christian Science Reading Room, branch church or society, from a member of The Mother Church, or from a Christian Science practitioner listed in *The Christian Science Journal*. Or you may write directly to the Clerk of The Mother Church, The First Church of Christ, Scientist, Christian Science Center, Boston, MA, U.S.A. 02115.

TESTIMONY MEETINGS

Meetings at which testimonies of Christian Science healing are given are held in Christian Science churches on Wednesdays. A cordial invitation to attend these meetings, as well as the Sunday services, is extended to all. Information telling where and when these are held is given in the Directory in *The Christian Science Journal*.

This will bring you the Sentinel each week.

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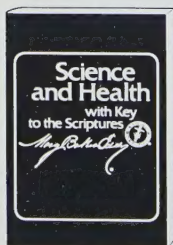
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